

40 Popular Grocery Items & Aldi Prices (Aldi store brand unless noted - Finger Lakes, NY 8/21/19)

Print out page 2 and 3 and take them to your local Aldi and your current grocery store to compare prices.

Item	Aldi Price (Finger Lakes, NY 8/21/19)
Apple Juice	\$1.09 for 2 quarts (\$0.52/qt)
Apples	\$2.89 for 3 lb. bag of Empires
Avocados	\$0.79/each (extra-large Hass)
Bananas	\$0.59/lb (organic)
Berries	\$1.95 for 12-16 oz.
Bread	\$0.85 for 1.25 lb loaf (\$0.68/lb)
Butter	\$2.89/lb
Cantaloupe	\$1.49 each
Carrots	\$0.99/lb (baby carrots)
Cereal	\$1.19 for .766lb (\$1.56/lb) Honey Nut Crispy Oats
Cheese	\$3.67/lb Kraft American singles or store brand \$2.79/lb
Cheese	\$2.79 for .75lb (\$3.32/lb) *on sale \$2.49
Chicken	\$1.89/lb family pack chicken breast
Chips	\$1.09 for 10 oz bag potato chips (\$1.84/lb)
Coffee	\$4.89 for 1.906 lbs ground (\$2.57/lb)
Cookies	\$1.35 for 13 oz chocolate chip (\$1.66/lb)
Crackers	\$1.49 for 12 oz cheese crackers (\$1.93/lb)
Eggs	\$0.79 (dozen large)
Grapes	\$0.89/lb (green grapes)
Ground Beef	\$3.29/lb (fresh 80%), \$2.49/lb (fresh 73%)
Ice Cream	\$1.95 for 1.5 quart (\$1.30/quart)
Jelly (grape)	\$1.29 for 30 oz (\$0.528/lb)
Ketchup	\$1.35 for 38 oz. (\$0.56/lb)
Lettuce	\$0.99 for 12 oz bag
Lunchmeat	\$3.99 for .94lb pkg Turkey/Ham (\$4.26/lb)
Margarine	\$0.84/lb Imperial brand
Milk (gallon)	\$1.79 Skim , \$2.19 2%, \$2.39 Whole
Muffins	\$0.99 for 6 count English muffins
Orange Juice	\$1.99 for 1.625 qts (not from concentrate)
Pancake Mix	\$1.49 for 2 lb box (\$0.745/lb)
Peanut Butter	\$2.19 for 2.5 lbs (\$0.796/lb) *on sale for \$1.99
Pizza	\$5.99 for 30.5 oz (\$0.196/oz) 16" Pepperoni & Sausage (bake at home)
Soda	\$1.74 Diet Coke 2L or store brand \$0.69
Spaghetti	\$1.39 for 2 lbs for organic (\$0.695/lb)
Sauce	\$0.85 for 1.5 lb jar (\$0.567/lb)
Syrup	\$1.29 for 24 oz Pancake syrup (\$.053/oz)
Waffles	\$1.19 for 12.3 oz freezer waffle package (10 count)
Yogurt	\$0.32 for 6 oz cup

You could buy 1 "unit" of everything on this list for about \$71. Throw in an extra pound of chicken or beef and a few yogurt cups and you're cost is right around \$75.

Item	Aldi Price on ___/___/___	_____ Price on ___/___/___
Apple Juice		
Apples		
Avocados		
Bacon		
Bagels		
Bananas		
Berries		
Bread		
Butter		
Cantaloupe		
Carrots		
Cereal		
Cheese		
Cheese		
Chicken		
Chips		
Coffee		
Cookies		
Crackers		
Eggs		
Grapes		
Ground Beef		
Ice Cream		
Jelly (grape)		
Ketchup		
Lettuce		

